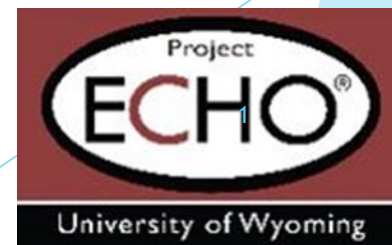
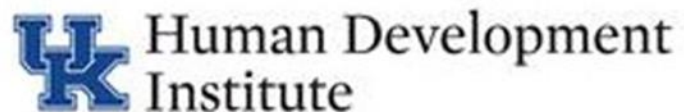


# WELCOME

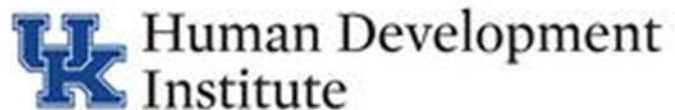
## **KY's Project SCOPE: Supporting Children of the Opioid Epidemic**

### **Session 7: Provider Strategies for Resilience, Dr. Ginny Sprang**



# KY SCOPE Team

- ▶ Our partners for Project SCOPE
- ▶ Caroline Gooden, Director
- ▶ Juliet Souders, Facilitator Coordinator
- ▶ Brandon Cannada, Technology
- ▶ Mikaela Roark, Evaluation
- ▶ Our small group facilitators, including staff from the Administrative Office of the Courts, and our participants!

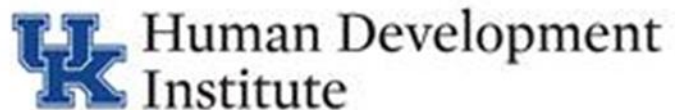


# May Sessions

- **May 5:** Provider Strategies for Resilience, Dr. Ginny Sprang, KY Center on Trauma and Children
- **May 19:** Toward an Understanding of Recovery for Persons with Addiction; Dr. David Lohr, Medical Director, Department for Community Based Services



Project SCOPE

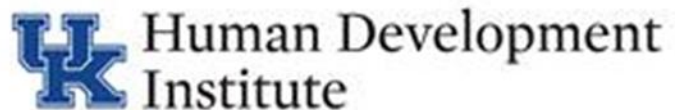


# Thanks to our Small Group Facilitators

- ▶ Caroline Gooden and Michelle Holt (Group 1)
- ▶ Juliet Souders and Leigh Ann Kerr (Group 2)
- ▶ Tanya Torp and Sascha Bravin (Group 3)
- ▶ Karen Cottengim, Andrea Witwer, and Kayla Harmon (Group 4)
- ▶ Dr. Myra Beth Bundy and Bridgette Talley (Group 5)



Project SCOPE

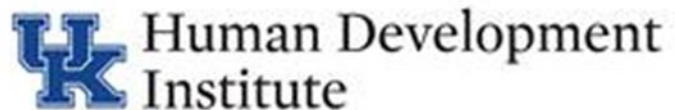


# Today's Schedule

- ▶ 4:00-4:10pmET/ 3:00-3:10pmCT: welcome, call procedures
- ▶ 4:10-4:40pmET/ 3:10-3:40pmCT: Presentation by Dr. Sprang
- ▶ 4:40-5:15pmET/3:30-4:14pmCT: Small group sessions
- ▶ 5:15-5:30pmET/ 4:15-4:30pmCT: Large group discussion, wrap up



Project SCOPE

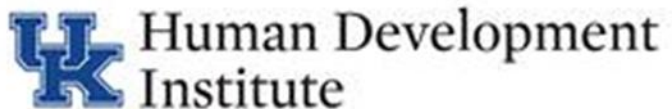


# Session Procedural Reminders

- ▶ Cameras on, please; unmute during small groups
- ▶ Enter **name, email, and county** in chat each time for attendance
- ▶ **Take care of your needs during session; topics are sensitive**
- ▶ Thank you for protecting confidentiality; change names of all persons discussed
- ▶ Addiction is a disease, not a choice
- ▶ Please engage actively



Project SCOPE

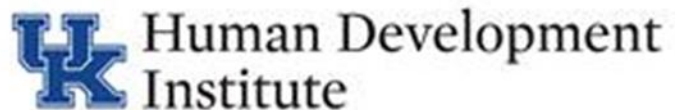


# Session Procedural Reminders 2

- ▶ Use person-first language (child born substance exposed; family with child with neonatal abstinence syndrome)
- ▶ Session recorded and close captioned (turn on in zoom)
- ▶ Ask questions anytime in chat
- ▶ Respect all viewpoints
- ▶ Please send case studies on May 21 topic to Juliet/Caroline for book award



Project SCOPE

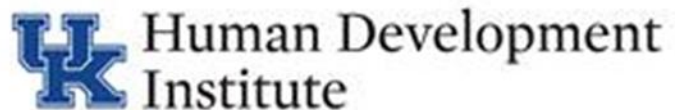


# Resource Materials and Zoom (Brandon)

- ▶ Please contact [brandon.cannada@uky.edu](mailto:brandon.cannada@uky.edu) for assistance
- ▶ Select your region at small group breakout time
- ▶ Rejoin zoom anytime bounced off at <https://uky.zoom.us/j/81895351022>
- ▶ See resource materials, including CEU information, at <https://www.hdilearning.org/project-scope-echo-series-spring-2022/> and <https://www.hdilearning.org/scope-echo-ceu-information-spring-2022/>



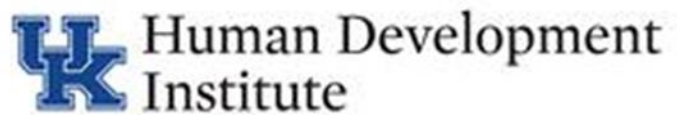
Project SCOPE





# Today's Session

- ▶ Dr. Ginny Sprang, Provider Strategies for Resilience



# Small Group Questions

- ▶ Icebreaker: Do you prefer sweet or savory foods? Or somewhere in between?
- ▶ What are the main takeaways from this presentation?
- ▶ How do you address stress in your professional or personal life?
- ▶ If Camille does not get help, what might happen?
- ▶ Is your organization currently doing any of these things to build resilience
  - ▶ Integrating mindfulness practices
  - ▶ Reduce Indirect Exposures
  - ▶ Teach, support self-regulation
  - ▶ STS Informed Supervision
- ▶ How can you incorporate one or more of these strategies into your own work life?

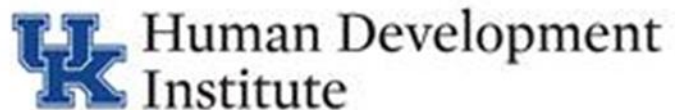


# Large Group Discussion

- ▶ What are the main takeaways from this presentation?
- ▶ How do you address stress in your professional or personal life?
- ▶ If Camille does not get help, what might happen?
- ▶ Is your organization currently doing any of these things to build resilience
  - ▶ Integrating mindfulness practices
  - ▶ Reduce Indirect Exposures
  - ▶ Teach, support self-regulation
  - ▶ STS Informed Supervision
- ▶ How can you incorporate one or more of these strategies into your own work life?



Project SCOPE

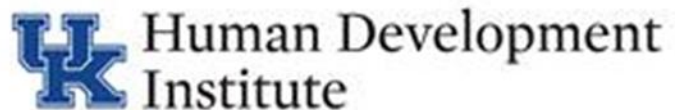


# Evaluation

- ▶ Please complete pre-series surveys and evaluations after each session and after series
- ▶ Incentives: exciting book selections **for those who send case studies**; and for those who complete all sessions



Project SCOPE



# Contacts for Support

- Project Director: [caroline.gooden@uky.edu](mailto:caroline.gooden@uky.edu)
- Lead Facilitator and CEUs: [Juliet.souders@uky.edu](mailto:Juliet.souders@uky.edu)
- Technology: [brandon.cannada@uky.edu](mailto:brandon.cannada@uky.edu)
- Evaluation: [Mikaela.roark@uky.edu](mailto:Mikaela.roark@uky.edu)
- Next session: May 21: **Dr. David Lohr**
- **Please send your child challenges on this topic**



Project SCOPE

