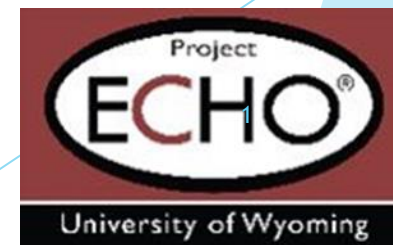
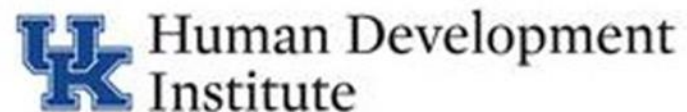


# WELCOME

**KY's Project SCOPE:**

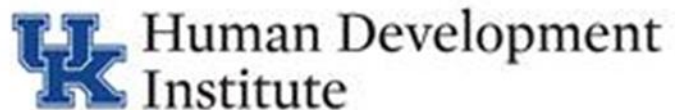
**Supporting Children of the Opioid  
Epidemic**

**Session 4, Spring 2022**



# KY SCOPE Team

- ▶ Our partners for Project SCOPE
- ▶ Caroline Gooden, Director
- ▶ Juliet Souders, Facilitator Coordinator
- ▶ Brandon Cannada, Technology
- ▶ Mikaela Roark, Evaluation
- ▶ Our small group facilitators and our participants!

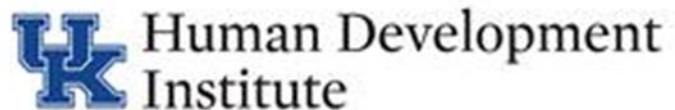


# April and May Sessions

- **April 7:** Self-Compassion for Providers, Kristen Dahl, Licensed Professional Clinical Counselor
- **April 21:** Court Processes for Families, Letcher District Judge Kevin Mullins
- **Thursday, May 5:** Provider Strategies for Resilience, Dr. Ginny Sprang, KY Center on Trauma and Children
- **Thursday, May 19:** Toward an Understanding of Recovery for Persons with Addiction; Dr. David Lohr, Medical Director, Department for Community Based Services



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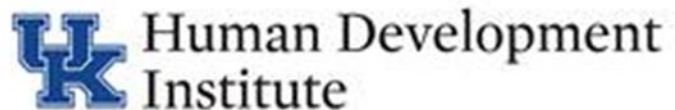
# Summary from March 10: Carol Cecil and Barb Greene, KY Partnership for Families and Children

## Main takeaways:

- ▶ Asking open-ended questions encourages people to talk more about their experiences and world view (ex: What would you like your life to look like a year from now?)
- ▶ Strength-based interactions foster hope, empower people, and encourage people to take back the control over their lives.
- ▶ The same values can look very different from person to person.
- ▶ How do you honor someone else's values?



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# Case Presentation, March 10: "John"

## Strengths:

- ▶ Mom is working to reunify with John
- ▶ John is being cared for by family (mom's sister)

## Barriers:

- ▶ Mom has bipolar disorder and takes medication sporadically
- ▶ Due to early trauma, John and his aunt have challenges connecting
- ▶ Mom and aunt have strained relationship currently

## Needs:

- ▶ Therapy for trauma, sensory integration and auditory processing issues
- ▶ Potential additional communication system



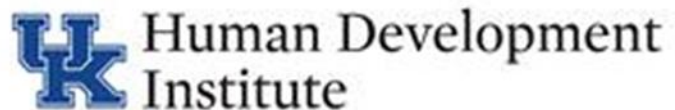
# Case Presentation, March 10: "John"

## Strategies:

- ▶ Ask open-ended questions to mediate a conversation on values between John's aunt and mom
- ▶ Therapy for John, aunt, and mom (family and individual)
- ▶ Connected Parenting course for mom and aunt
- ▶ Head Start preschool program
- ▶ Peer support or mental health support group for mom



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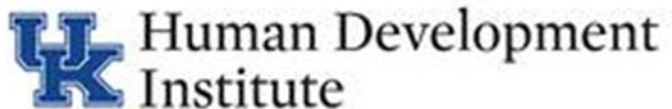


# Thanks to our Small Group Facilitators (Juliet)

- ▶ Caroline Gooden and Leigh Ann Kerr (Group 1)
- ▶ Juliet Souders (Group 2)
- ▶ Lloyd Bonse and Bridgette Talley (Group 3)
- ▶ Karen Cottengim and Austin Nugent (Group 4)
- ▶ Brittany Barber and Kayla Harmon (Group 5)
- ▶ Tanya Torp and Sacha Bravin (Group 6)
- ▶ Melissa Hampton and Mahala Saylor (Group 7)
- ▶ Gabby Martin and Andrea Witwer (Group 8)



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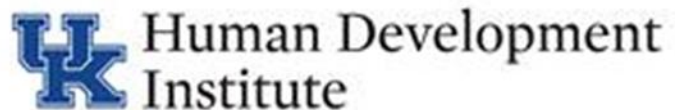


# Today's Schedule

- ▶ 4:00-4:15pmET/3:00-3:15pmCT: welcome, call procedures
- ▶ 4:15-4:45pm ET/3:15-3:45pmCT: Miriam Silman, How Systems Enable Trauma for Families with Substance Use Disorder
- ▶ 4:45-5:15pm/3:45-4:15pmCT: Small group case discussion
- ▶ 5:15-5:30pm/4:15-4:30pmCT: Large group discussion, wrap up



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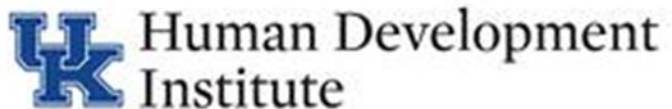


# Session Procedural Reminders

- ▶ Cameras on, please; unmute during small groups
- ▶ Enter **name, email, and county** in chat each time for attendance
- ▶ Take care of your needs during session; topics may be sensitive
- ▶ Thank you for protecting confidentiality; change names of all persons discussed
- ▶ Addiction is a disease, not a choice
- ▶ SCOPE sessions: engage actively



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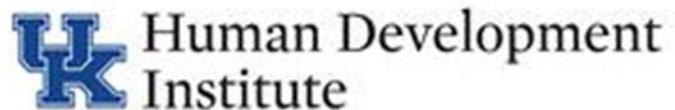


# Session Procedural Reminders 2

- ▶ Use person-first language (child born substance exposed; family with child with neonatal abstinence syndrome)
- ▶ Session recorded and close captioned (turn on in zoom)
- ▶ Ask questions anytime in chat
- ▶ Respect all viewpoints
- ▶ Please send case studies on any of the topics to Juliet/Caroline for opportunity for topical book selection



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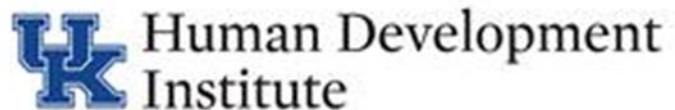


# Resource Materials and Zoom (Brandon)

- ▶ Please contact [brandon.cannada@uky.edu](mailto:brandon.cannada@uky.edu) for assistance
- ▶ Select your region at small group breakout time
- ▶ Rejoin zoom anytime bounced off at <https://uky.zoom.us/j/81895351022>
- ▶ See resource materials, including CEU information, at <https://www.hdilearning.org/project-scope-echo-series-spring-2022/> and <https://www.hdilearning.org/scope-echo-ceu-information-spring-2022/>



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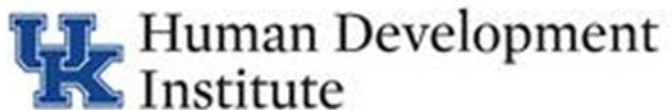


# Today's Session

- ▶ How Systems Enable Trauma for Families with Substance Use Disorder; Miriam Silman, Department for Behavioral Health
- ▶ You will be assigned to small groups by Brandon. Return to zoom lobby for reassignment if your group is small.



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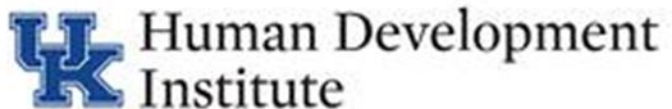


# Small Group Discussion Questions

- ▶ Ice breaker: If you could time travel, what period of history would you want to visit?
- 1) Introduce each member: agency, location
- 2) What are some takeaways from this presentation?
- 3) How can you create psychological safety for this family?
- 4) What choices can you offer them?
- 5) What can you do to get them to speak up about what they want & like, don't want or like, etc.?
- 6) What can you do to engage them in collaborative planning & decision-making?



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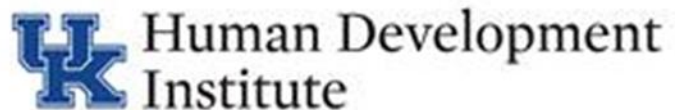


# Large Group Sharing

- 1) What are some takeaways from this presentation?
- 2) How can you create psychological safety for this family?
- 3) What choices can you offer them?
- 4) What can you do to get them to speak up about what they want & like, don't want or like, etc.?
- 5) What can you do to engage them in collaborative planning & decision-making?

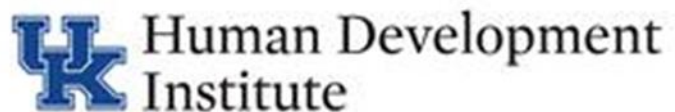


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# Evaluation (Mikaela)

- ▶ Please complete pre-series surveys and evaluations after each session and after series
- ▶ Incentives: exciting book selections **for those who send case studies**; and for those who complete all sessions



# Contacts for Support

- Project Director: [caroline.gooden@uky.edu](mailto:caroline.gooden@uky.edu)
- Lead Facilitator and CEUs: [Juliet.souders@uky.edu](mailto:Juliet.souders@uky.edu)
- Technology: [brandon.cannada@uky.edu](mailto:brandon.cannada@uky.edu)
- Evaluation: [Mikaela.roark@uky.edu](mailto:Mikaela.roark@uky.edu)
- Next session: April 7th: Self-compassion for Providers, Kristen Dahl, Licensed Professional Clinical Counselor
- **Please send your child challenges on this topic**

