

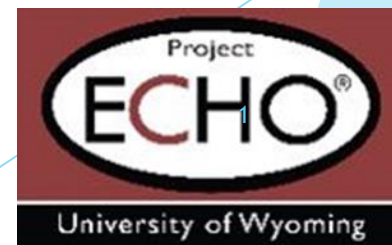
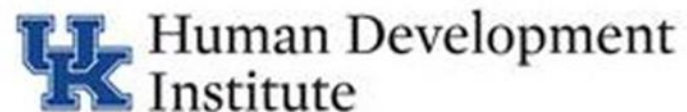
WELCOME

KY's Project SCOPE:

**Supporting Children of the Opioid
Epidemic**

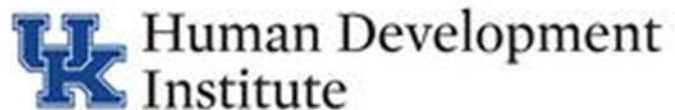
Session 3

Spring 2022



KY SCOPE Team

- ▶ Our partners for Project SCOPE
- ▶ Caroline Gooden, Director
- ▶ Juliet Souders, Facilitator Coordinator
- ▶ Brandon Cannada, Technology
- ▶ Mikaela Roark, Evaluation
- ▶ Our small group facilitators and our participants!

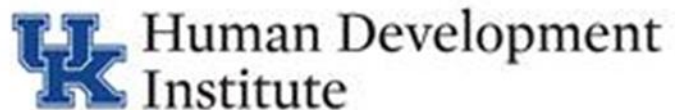


March Session Dates and Topics

- **March 10:** Family-Provider Partnerships, Carol Cecil and Barb Greene
- **March 24:** How Systems Enable Trauma for Families with Substance Use Disorder, Miriam Silman



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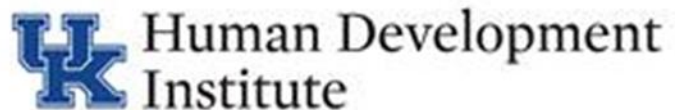


April and May Sessions

- **April 7:** Self-Compassion for Providers, Kristen Dahl, Licensed Professional Clinical Counselor
- **April 21:** Court Processes for Families, Letcher District Judge Kevin Mullins
- **Thursday, May 5:** Provider Strategies for Resilience, Dr. Ginny Sprang, KY Center on Trauma and Children
- **Thursday, May 19:** Toward an Understanding of Recovery for Persons with Addiction; Dr. David Lohr, Medical Director, Department for Community Based Services



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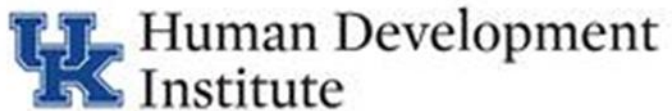
Summary from Feb 24: Amanda Metcalf and Morgan Eversole, Peer Support Specialists

Main takeaways:

- ▶ Peer support is a valuable resource for providers to recommend—meet people where they are, share lived experiences, and give them an opportunity to express themselves (sometimes for the first time).
- ▶ Listen to what people are saying they need most, rather than pushing for what you think is most important as a provider.



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Case Presentation, Feb 24: "McKenna"

Strengths:

- ▶ Family nearby and currently caring for her baby
- ▶ High school graduate
- ▶ High potential for mental health treatment to improve her anxiety

Barriers:

- ▶ Rural area—possibly fewer treatment options, less recreational opportunities
- ▶ In-patient treatment could be farther from her family for 6 months
- ▶ Needs more supportive relationships that empower her as a parent and person in recovery



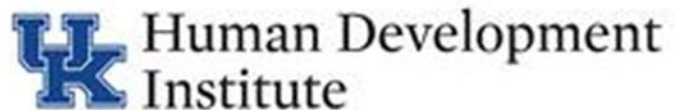
Case Presentation, Feb 24: "McKenna"

Strategies:

- ▶ Create a plan for after in-patient treatment for housing, employment, mental health treatment, and parent support/education groups
- ▶ Help McKenna identify her strengths and improve self-confidence as a parent and person in recovery



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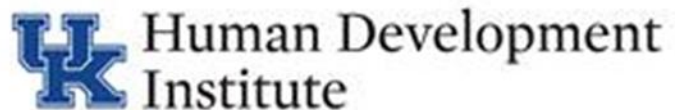


Thanks to our Small Group Facilitators (Juliet)

- ▶ Caroline Gooden and Kelly Caudle (Group 1)
- ▶ Juliet Souders and Thera Trammel (Group 2)
- ▶ Andrea Witwer and Gabby Martin (Group 3)
- ▶ Lloyd Bonse (Western region)
- ▶ Karen Cottengim (Northern region)
- ▶ Brittany Barber and Kayla Harmon (Fayette/Central region)
- ▶ Melissa Hampton and Bridgette Talley (Southern region)
- ▶ Tanya Torp and Sacha Bravin (Jefferson region)
- ▶ Mahala Saylor (Eastern region)



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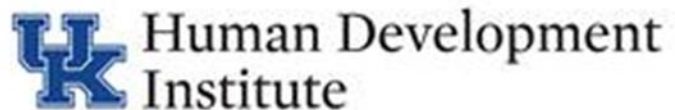


Today's Schedule

- ▶ 4:00-4:15pmET/3:00-3:15pmCT: welcome, call procedures
- ▶ 4:15-4:45pm ET/3:15-3:45pmCT: Carol and Barb, Engaging Families: Family-Provider Partnerships
- ▶ 4:45-5:15pm/3:45-4:15pmCT: Small group case discussion
- ▶ 5:15-5:30pm/4:15-4:30pmCT: Large group discussion, wrap up

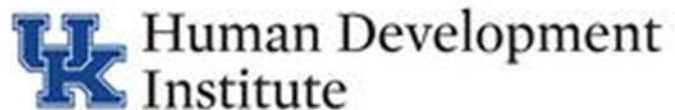


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Session Procedural Reminders

- ▶ Cameras on, please; unmute during small groups
- ▶ Enter **name, email, and county** in chat each time for attendance
- ▶ Take care of your needs during session; topics may be sensitive
- ▶ Thank you for protecting confidentiality; change names of all persons discussed
- ▶ Addiction is a disease, not a choice
- ▶ SCOPE sessions: engage actively



Session Procedural Reminders 2

- ▶ Use person-first language (child born substance exposed; family with child with neonatal abstinence syndrome)
- ▶ Session recorded and close captioned (turn on in zoom)
- ▶ Ask questions anytime in chat
- ▶ Respect all viewpoints
- ▶ Please send case studies on any of the topics to Juliet/Caroline for opportunity for topical book selection

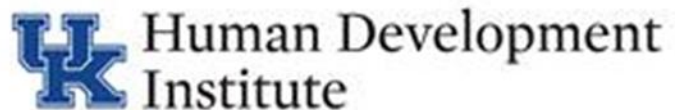


Resource Materials and Zoom (Brandon)

- ▶ Please contact brandon.cannada@uky.edu for assistance
- ▶ Select your region at small group breakout time
- ▶ Rejoin zoom anytime bounced off at <https://uky.zoom.us/j/81895351022>
- ▶ See resource materials, including CEU information, at <https://www.hdilearning.org/project-scope-echo-series-spring-2022/> and <https://www.hdilearning.org/scope-echo-ceu-information-spring-2022/>



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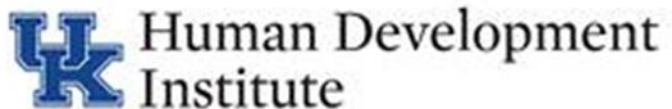
Today's Session

- ▶ Family-Provider Partnerships: Carol Cecil and Barb Greene

- ▶ You will be randomly assigned to small groups by Brandon. Return to zoom lobby for reassignment if your group is small.



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Small Group Discussion Questions

- ▶ Ice breaker: If you could time travel, what period of history would you want to visit?
- 1) Introduce each member: agency, location
- 2) What are some takeaways from this presentation?
- 3) Describe a time where you experienced communication challenges with a family and how you worked to improve it.
- 4) Think about a time where *you* were the client (as a patient, parent, etc.) and what you needed most in communication from your providers.
- 5) What strategies have you used to improve family-provider partnerships?
- 6) What strategies have worked well? What strategies have not worked as well as hoped?
- 7) What are potential strengths and barriers that affect communication?

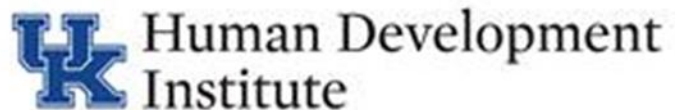


Large Group Sharing

- 1) What are some takeaways from this presentation?
- 2) Describe a time where you experienced communication challenges with a family and how you worked to improve it.
- 3) Think about a time where *you* were the client (as a patient, parent, etc.) and what you needed most in communication from your providers.
- 4) What strategies have you used to improve family-provider partnerships?
- 5) What strategies have worked well? What strategies have not worked as well as hoped?
- 6) What are potential strengths and barriers that affect communication?

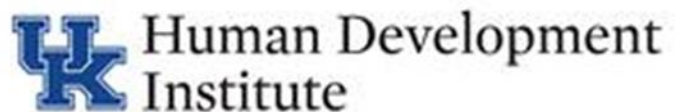


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Evaluation (Mikaela)

- ▶ Please complete pre-series surveys and evaluations after each session and after series
- ▶ Incentives: exciting book selections **for those who send case studies**; and for those who complete all sessions



Contacts for Support

- Project Director: caroline.gooden@uky.edu
- Lead Facilitator and CEUs: Juliet.souders@uky.edu
- Technology: brandon.cannada@uky.edu
- Evaluation: Mikaela.roark@uky.edu
- Next session: **March 24:** How Systems Enable Trauma for Families with Substance Use Disorder; Miriam Silman, Department for Behavioral Health
- Please send your child challenges on this topic

