**Key Strategies:**

**Slide 16: How you can help infants:**

5 Ss (swaddling, white noise, pacifier, rocking or swinging, side-lying and holding close)

Pace Feeding: Extra time with feeding and frequent burping. Pace feeding: hold bottle more horizontal but with milk covering nipple and allow infant to suck to get milk instead of holding bottle at a 45 degree angle so milk comes out more rapidly

Use Eye contact/ verbally communicate

**Slide 17: Helping Families**

ABCDs of Safe Sleep

Recognize signs of Abuse

**Slide 18: Helping Families**

Help caregivers recognize when medical attention is needed

Share things their child enjoys and successful ways for redirection/ coping with acting out.