**Team KY Case Presentation Feedback Form**

Presenter information:

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Thank you for sharing your case study!

**Summary of Findings:**

Primary strengths

* Mom involved with START team
* Mom desires to have contact and custody of infant
* Mom has relationship with 16-year-old daughter
* Mom wants recovery and understands its part in regaining custody
* Family care of both children; helpful for reunification
* Mom wants treatment for Hep-C
* Mom in residential treatment
* Mom honest about her feelings

Primary areas of concern

* Limited family support or other support systems
* Unable to see infant currently
* PTSD
* Length of use of substances
* Experiencing cravings and triggers
* Support for mom to achieve reunification
* Possible postpartum depression
* Mom is concerned with meeting multiple appointments
* Mom’s concern with boredom and lack of self control

Suggestions/strategies:

* Have physician consider adjusting meds due to fatigue
* Advocate for visits with infant to help motivation, renegotiate reward pathways
* Dissect previous treatment episodes and periods of recovery to learn from mom what was helpful and what was not
* Ensure co-occurring treatment for SUD and other MH disorders
* Teach bonding with infant; utilize programs such as HANDS and Head Start
* Video calls with children
* Participate in baby’s telehealth appointments
* Counseling for PTSD and for skill building
* Dual case planning – for reunification or lack thereof
* Job skills training
* Schedule therapy appointments at same time to facilitate remembering
* Provide peer support
* Targeted case management; coordinated care
* Nurturing parenting classes
* Send pictures of infant to mom
* Build support network; be a cheerleader for mom and identify other cheerleaders
* Develop communication plan between mom, social worker and current guardian
* Ensure contact information is available for ongoing communication
* Involve mom in decisions about infant
* Assist mom with housing and environment after reunification
* Assist mom identify her strengths and goals
* Coach mom to learn self-advocacy

Resources recommended:

* Beyond Birth Recovery Center (<https://www.uky.edu/nursing/beyond-birth>),
* Voices of Hope (<https://www.voicesofhopelex.org/>)
* Early Childhood Educators (ECC), Kentucky Career Center (<https://www.ckycareers.com/>).
* PRIDE, an organization for mothers with SUD, offers parenting classes and sobriety programs
* HANDS
* Early Head Start
* Circle of Security parenting group (<https://www.circleofsecurityinternational.com/>)
* <https://dbhdid.ky.gov/dbh/kymomsmatr.aspx> (Ky MOMs MATR)
* Information about medications to assist recovery from Substance Abuse Mental Health Services Administration (<https://www.samhsa.gov/medication-assisted-treatment>)
* Community Mental Health for therapy
* First Steps

**Contact Information**

If there are any questions or comments concerning the feedback on this presentation, please contact SCOPE staff caroline.gooden@uky.edu or christine.hausman@uky.edu

Note: this form was modified for KY use by Caroline Gooden on 9-10-20 based on the University of New Mexico ECHO model and University of Wyoming ECHO SCOPE materials.