Miriam Silman, MSW

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**Education** 2020:Ph.D. Candidate University of Kentucky, College of Social Work, Lexington, KY

 1993: Masters of Social Work, University of Kentucky, College of Social Work,

Lexington, KY

1983: Bachelor of Arts, Literature and Society, Brown University, Providence, RI

**Work Experience 2019 - : Trauma Informed Program Administrator/ Project AWARE, Department for**

**Behavioral Health, Developmental and Intellectual Disabilities, Kentucky Cabinet for**

**Health and Family Services**

* Develop workforce capacity in trauma informed care and secondary traumatic stress informed practice within the Department for Behavioral Health, Developmental and Intellectual Disabilities and other Departments in the Cabinet for Health and Family Services
* Develop training curricula, proposals, materials and resources on trauma informed care and secondary traumatic stress for dissemination across the state
* Co-Coordinator of Kentucky Project AWARE, five-year SAMHSA grant to address student behavioral health needs in school settings
* Consultant and subject matter expert to Kentucky Cabinet for Health and Family Services and Kentucky Department of Education on trauma, resilience, trauma informed care, secondary traumatic stress, compassion fatigue, and workforce resilience; serve on internal and external advisory boards, committees, work groups, etc.

**2009 – 2019; 2001 - 2003: Center on Trauma and Children, University of Kentucky, Lexington, KY:**

* Training activities including:
	+ developing training curricula, proposals, materials and resources utilizing current best practices for adult learning;
	+ providing face-to-face and web-based training;
	+ coordinate and implement Institute for Healthcare Innovation Learning Collaborative model of training statewide
	+ Coaching and consultation to individuals and teams to support implementation of trauma informed care and secondary traumatic stress informed approaches
	+ Collect and analyze data, and compile and write reports reflecting process and outcome training implementation
	+ Expert areas of training include Trauma Informed Care in Education, Trauma Informed Care in Human Services, Trauma Informed Care in Early Childhood, Secondary Traumatic Stress in Helping Professionals, Trauma Screening and Assessment, Encompass (adolescent substance abuse intervention)
* Clinical activities including:
	+ evidence based trauma informed interventions to children and families
	+ development and testing of new trauma informed caregiver intervention
	+ part of forensic evaluation team to evaluate and make recommendations for families experiencing substantiated child maltreatment receiving services from the Department of Protection and Permanency
* Research activities including
	+ conducting and writing literature searches and reviews;
	+ assist in development of instruments for use in original field work and data collection including survey instruments, audit measures, semi-structured focus group and interview instruments;
	+ conduct field research across the country including in-person and online focus groups and interviews with key stakeholders (consumers, professionals, policy-makers, government officials), survey dissemination and collection, analyzing documents (domestic and international government policy, legal documents, best practices, organizational protocols, etc.)
	+ Planning, organization, execution, data collection and write-up of Organizational Audits for non-profit agencies regarding trauma informed care and workforce resilience
	+ Analysis and write-up of qualitative and quantitative data for briefs and reports, white papers, best practice guidelines and recommendations, and journal articles

**2003 – 2015: Gardner/ Silman and Associates: Freelance community project development consultation to non-profit and government organizations:**

* Grant application and submission including program development, literature review, community assessment, development of evaluation plan, and application writing
* Community assessment using mixed-method data collection
* Data analysis and write-up
* Program evaluation design and implementation
* Fundraising and development planning and implementation
* Marketing and publicity design and oversight
* Budget development and oversight
* Professional writing including grant application, grant reports, outcome and process evaluations, publicity, professional guides, comprehensive plans

**2007- 2008: Kentucky Valley Educational Cooperative, Hazard, KY, School-based Substance**

**Abuse/ Mental Health Provider:**

* Coordinate and provide prevention and intervention responses for substance-using and at-risk youth in Magoffin County, a rural, Appalachian school district
* Consultation to school administrators, counselors, psychologists and teachers on appropriate responses to meet the needs of youth with substance misuse, behavioral health concerns, trauma exposure and other at-risk behaviors or exposures

**2006: Community-based Research Education in Eastern Kentucky (CREEK), University of**

**Kentucky, Lexington & Hazard, KY, Director of Clearinghouse:**

* Coordinated outreach to researchers examining health, wellness and health behaviors, across Central Appalachia
* Promoted community-based participatory research to communities and researchers
* Identified areas of need for community based participatory research in Central Appalachia
* Identified funding sources for community based participatory research in Central Appalachia
* Collaborated with the University of Kentucky Center for Excellence in Rural Health to promote health-focused community based participatory research in the region

**2004 – 2007: Ivy Point Music Together, Salyersville, KY, Owner/Director/Teacher:**

* Certified Music Together, Inc. teacher providing evidence-based early childhood music classes for families with children ages 0-4
* developed and taught pre-school music and drama classes for ages 3-5
* targeted classes to include emotionally, cognitively and physically disabled youth and their families

**1997 – 2016: College of Social Work, University of Kentucky, Lexington, KY, Adjunct**

**Faculty** for graduate level MSW courses including

* Social Work Practice
* Problem-Based Learning
* Social Work Practicum
* Ethics for Professional Social Work
* Social Work Policy
* Social Work with Groups

**1986 – 2000: Mountain Comprehensive Care Center, Prestonsburg, KY:**

* + Clinical Director, Victim Services Program: direct clinical behavioral health services to adults and youth who had experienced trauma exposure; special training in dissociation and dissociative identity disorders; Clinical supervision of 8 clinical and advocacy staff; Consultation on trauma focused practices to other departments
* Children’s Services Supervisor: Outpatient clinical behavioral health services to women and youth, specializing in survivors of trauma
* Outpatient Clinician: Outpatient clinical behavioral health services for adults and youth

**1992-1998: University of Kentucky, Department of Outpatient Psychiatry, Lexington, KY,**

**Staff Clinician and Child Abuse Evaluator (part time)**:

* Forensic child abuse evaluation for court and DCBS referred survivors of child maltreatment
* Outpatient clinicalprovider oftrauma-focused assessments and therapy for adult and child patients who had experienced trauma exposure
* Supervision, teaching & consultation with students, medical students, residents

**Professional &** 1998-2016: Jenny Wiley Theatre Board of Directors (served as President for 4 terms)

**Community** 2008-2014: Our Lady of the Mountains School Committee (Chair for 2 terms)

**Service** 1994-1998: Magoffin County Public Library

 1992-1998: Little People Day Care (Founding member and President)

1998 –2006: Child Victims Trust Fund, Commonwealth of Kentucky, Board Member

2000: Governor’s Task Force on Sexual Assault, Member by Appointment of the

Governor

*Other community board memberships:* City of Salyersville Renaissance on Main Program, Magoffin Arts Council, Big Sandy Health Care, Inc.

**Publication, *Selected Publications:***

**Presentation,**

**Consultation &** Eslinger, J., Sprang, G., AScienzo, S. & Silman, M. (in press). Fidelity and sustainability in **Awards**  evidence-based treatments for children: An investigation of barriers, training, attitudes,

and agency incentives. *Journal of Family Social Work.*

Sprang, G., Eslinger, J., Silman, M. & Ascienzo, S. (2019). Predictors of evidence-based

treatment implementation, sustainability, and fidelity. *Best Practices in Mental Health, 15*(1), 41-48.

Cole, J., Sprang, G. & Silman, M. (2018). Interpersonal trauma exposure, trauma symptoms,

and severity of substance use disorder among youth entering outpatient substance abuse treatment. *Journal of Child and Adolescent Trauma,* https://doi.org/10.1007/s40653-018-0239-3

Sprang, G. & Silman, M. (2015). Using Professional Organizations to Prepare the

 Behavioral Health Workforce to Respond to the Needs of Pediatric Populations Impacted by

Health-Related Disasters: Guiding Principles and Challenges. *Disaster Medicine and Public Health Preparedness.*

Sprang, G., Silman, M., Whitt-Woosley, A. & Mau, A. (2015). Translational Research in Child Maltreatment: Innovations in Assessing and Managing Risk. In Jared Jaworski (Ed.) *Advances in Sociological Research,* 39-62*.*

Silman, M. & Sprang, G. (November, 2015). Traumatic stress and polysubstance abuse in adolescents. Poster presentation, International Society for Traumatic Stress Studies Conference, New Orleans, LA.

Sprang, G., Clark, J.J., Silman, M., Leigh, P., Jackson, C. & LaJoie, A.S., (2014) *Evidence*

*Informed Guidelines for Child Focused Pandemic Planning and Response,* Center on Trauma and Children Reports,available at: <https://uknowledge.uky.edu/cgi/viewcontent.cgi?article=1002&context=ctac_reports>

Sprang, G. & Silman, M. (2013). Post-traumatic stress in parents and youth following health related disasters. *Disaster Medicine and Public Health Preparedness, 7*(1), 105-110.

Sprang, G., Clark, J.J., Jackson, C., LaJoie, A.S., Leigh, P., Mohipp, C. & Silman, M., (August 2010) *New Directions in Pandemic Response: A Roadmap to Resilience,* NIHS

*Responding to sexual violence: A guide for professionals in the commonwealth* (2004). Kentucky Association of Sexual Assault Programs (unnamed author).

Miller, T.W., Veltkamp, L.J. & Silman, M. (1994). Adult non-survivors: The failure to cope of victims of child sexual abuse. *Child Psychiatry and Human Development*

Professional Consultation for Turner, A. (2000). *Learning to Swim: A Memoir of Child Sexual Abuse.* New York: Scholastic.

***Selected National Presentations:***

Silman, M. & Sprang, G. (June, 2016). *Examining the intersection of traumatic stress and substance use in adolescents.* Paper presented at the American Professional Society on the Abuse of Children Conference, New Orleans, LA.

Silman, M. & Sprang, G. (March, 2016). *The intersection of trauma exposure and substance abuse: The relationship between traumatic stress and polysubstance misuse in adolescents*. Paper presented at the 29th Annual Conference on Children's Mental Health Policy and Research, Tampa, FL.

Silman, M. & Sprang, G. (March, 2012) *The Mental Health Response of Children to Health-Related Disasters: Engaging Multiple Systems of Care to Promote Resiliency,* Children’s Mental Health Research & Policy Conference, Tampa, FL.

Silman, M. (December 2011) *Pandemic Response Strategies.* Available through CE Central at <http://www.cecentral.com/ctac>.

Silman, M., LaJoie, A.S. & Sprang, G. (November, 2011) *A Critical Evaluation of 2009 H1N1 Planning and Response Effort from the Perspective of Child and Family Well-Being,* American Public Health Association Annual Conference, Washington, DC.

Silman, M. (May, 2011) *Evidence-Informed Guidelines for Child-Focused Pandemic Planning & Response,* Child Life Council 2011 Annual Conference, Chicago, IL.

Silman, M. & Sprang, G. (September, 2010) *The Behavioral Health Impact of Pandemic on Children and Families in Rural America:* Public Health Perspectives on Promoting Resiliency, Rural Behavioral Health Symposium 2010, Phoenix, AZ.

Silman, M. & Leigh, P. (November, 2011). *The Behavioral Health Impact of Pandemic on Children and Families: Preliminary Recommendations,* National Federation of Families for Children’s Mental Health Conference, Atlanta GA.